



# CAFÉ-DÉBAT AMERICAN CENTER

THÈME : **HOW IMPORTANT IS ROUTINE?**

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PREVU LE : MARDI 21 FEVRIER 2012 : 19H00-20H30

A : AMERICAN CENTER DE MARSEILLE

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## QUESTIONS FOR DISCUSSION

1. What's important in your routine?
2. What would you like to change in your routine?
3. Do you think routine is important, if so, why?
4. How do you cope with boredom?
5. What role does spontaneity play in your life?

## VOCABULARY

breakfast routine  
burn-out  
creatures of habit  
daily routine  
eager beavers  
get ahead  
get jaded

labor-saving  
mosey around  
on the hoof  
pick up  
pillow  
pore through  
self-discipline

skimp  
statutory entitlement  
stuff  
swallow/swig  
thead  
thrive

## READING MATERIAL

1. TAKE A BREAK FROM THE ROUTINE  
<http://www.guardian.co.uk/money/2006/apr/03/careers.theguardian5?INTCMP=SRCH>
2. DAILY ROUTINES - HOW WRITERS, ARTISTS, AND OTHER INTERESTING PEOPLE ORGANIZE THEIR DAYS.  
<http://dailyroutines.typepad.com/>

## AUDIO/VIDEO MATERIAL

1. CLASSIC COMEDY MORECAMBE & WISE (BREAKFAST)  
<http://www.youtube.com/watch?v=EFgdhZGLJrY>
2. DEXTER: MORNING ROUTINE  
<http://www.youtube.com/watch?v=ej8-Rqo-VT4>
3. MORNING ROUTINE  
<http://www.youtube.com/watch?v=NXszZueDv1M>